



AZUL

DESAYUNOS · BREAKFAST ·

JUGOS FRESCOS | FRESH FRUIT JUICES

Verde, naranja, toronja, piña, uva, jitomate, zanahoria, manzana, melón o lima
Green blend, orange, grapefruit, pineapple, grape, tomato, carrot, apple, melon and lime

BATIDOS | SMOOTHIES

Fresa, kiwi, mango, frambuesa, papaya o zarzamora (preparados con yogurt o jugo de naranja)
Strawberry, kiwi, mango, raspberry, papaya or blackberry, blended with yogurt or orange juice

FRUTAS DE LA TEMPORADA | SEASONAL FRUIT

Plato de frutas regionales con queso cottage o yogurt
Fresh regional fruit plate with your choice of cottage cheese or yogurt

YOGURT

Natural, light, durazno, fresa, zarzamora, manzana o frutas
Plain, light, peach, strawberry, blackberry, apple or tropical fruit

CEREALES | CEREALS

Corn Flakes, Corn Pops, All Bran, Bran Flakes, Fitness, Froot Loops,
Choco Krispis, Zucaritas, o granola natural/con frutas
*Corn Flakes, Corn Pops, All Bran, Bran Flakes, Fitness, Froot Loops, Choco Krispies,
Frosted Flakes or granola served plain or with fruit*

BAGEL

De salmón ahumado con queso crema
With smoked salmon and cream cheese

BAJO EN CALORÍAS · LOW-CALORIE ·

Yogurt

Yogurt con cereales mixtos | *Yogurt with assorted grains*

Queso crema | *Cream cheese*

Leche light | *Skim milk*

Cereales All Bran, Bran Flakes y Fitness | *All Bran, Bran Flakes & Fitness cereals*

Huevos poché o cocotte | *Poached or cocotte eggs*

Claros de huevo | *Egg whites*

DE LA GRANJA · FROM THE FARM ·

HUEVOS | EGGS

Rancheros, mexicanos, estrellados, revueltos o fritos
A su elección: jamón, tocino, salchicha de cerdo o pavo
*Rancheros, Mexican style, sunny side up, scrambled or fried with your choice of:
ham, bacon, turkey sausage or pork sausage*

OMELETTE DE JAMÓN Y QUESO | HAM AND CHEESE OMELETTE

HUEVOS BENEDICTINOS CON SALMÓN AHUMADO EGGS BENEDICT WITH SMOKED SALMON

ANTOJITOS MEXICANOS · TRADITIONAL MEXICAN FAVORITES ·

QUESADILLAS O SINCRONIZADAS

Con queso, flor de calabaza o huitlacoche
Quesadillas with cheese and zucchini blossoms or huitlacoche

CHILAQUILES VERDES O ROJOS

Chilaquiles (lightly fried tortilla strips) in red or green sauce

MACHACA NORTEÑA | NORTEÑA SHREDDED BEEF

Carne seca de res con huevos revueltos y salsa de jitomate
*A delicacy from northern Mexico: dried and shredded filet
of beef with scrambled eggs and fresh tomato sauce*

PUNTAS DE RES A LA MEXICANA O AL CHIPOTLE STEAK FILET TIPS IN CHIPOTLE OR MEXICAN SALSA

WAFFLES, HOT CAKES O PAN FRANCÉS WAFFLES, PANCAKES AND FRENCH TOAST

DE NUESTRA PANADERÍA | FROM OUR BAKERY

Canasta surtida de pan dulce hecho con nuestros mejores ingredientes
Basket of assorted house-baked sweet rolls made with the best ingredients

BEBIDAS · BEVERAGES ·

Café americano o descafeinado | *Regular or decaf coffee*

Expreso o capuchino | *Espresso or cappuccino*

Chocolate caliente o frío | *Hot or cold chocolate*

Variedades de té | *Assorted teas*